



# Food Pantries of Centre County



Newsletter—Fall 2014  
Holiday Edition

## Serving Centre County residents with food needs.

### Centre County Fuel Bank Home Energy Efficiency Classes

The Centre County Fuel Bank will soon begin home energy efficiency classes. For consumers who attended a class after July 1, 2013, the household does not have to attend a class this year unless the family's address has changed or a request for fuel bank assistance is made under a different name even if the address is the same.

#### FUEL BANK CLASSES

**November 6 (5:00 pm)**  
Grace Lutheran Church 205 S. Gardner St. State College

**November 18 (1:00 pm)**  
Catholic Charities 213 E. Bishop St. Bellefonte

**December 2 (6:00 pm)**  
CenClear Child Services  
1633 Philipsburg Bigler Hwy. Philipsburg

**December 12 (noon)** Trinity Lutheran Church 2221 N. Oak Ln. State College

For additional Fuel Bank information go to [www.ihs-centrecounty.org/](http://www.ihs-centrecounty.org/) or call Interfaith Human Services at 234-7731.

## How to Cut Your Grocery Bill in Half

### Saving Tips Rule

*"If it's not on sale, it doesn't go in the cart!"*

### Save Money on Frozen Foods

Frozen pie crusts are a great convenience, but you'll save quite a bit by making your own at home. And they'll taste better too!

### Save Money on Juices

Water down your children's juice cups with 1/3 - 1/2 water. Not only does this save money, but it also saves the amount of sugar going into your children, and helps to prevent less damage to their teeth!

### Save Money on Pet Supplies

Buy large cans of dog food then cut in half for 2 feedings. Stores sell 12 cans for around \$7 which is better than paying \$1 a can.

### Save Money on Canned Foods

Buy FRESH grocery items instead of canned, when in season.

### Save Money on Produce

Buy a large bag of produce instead of individual produce items. If the bag contains bruised or spoiled items, remove the damaged produce as soon as you get home. One spoiled item can affect the rest of the bag if it's not removed.

### Save Money on Meats

The very best time to buy

ham or turkey is before or after the holidays, they are always on sale! After preparing a large ham or turkey for one meal, simply divide the leftovers into family size portions and freeze.

### Save Money on Soda

Of course the best way to save money on soda is to start drinking water instead; it's also much healthier. If you can't cut the soda habit completely, try cutting your consumption in half.



## Mrs. Zimmerman's Pumpkin Pie or Custard

### Ingredients:

2 cups pumpkin  
3/4 cup brown sugar (scant)  
3/4 cup white sugar (scant)  
3 eggs beaten

2 tablespoons flour  
2 tablespoons King Syrup  
1 table spoon butter (melted)  
1 teaspoon cinnamon  
Pinch of salt  
2 cups milk

Preheat oven to 425 Bake 15 minutes. Reduce oven temperature to 350°F. Bake about 45 minutes longer or until knife inserted in center comes out clean. Place pie on cooling rack. Cool completely, about 2 hours.

# 2014 Food Pantries Toys for Tots Distribution Dates

Holiday food and/or toys will be distributed through the Food Pantries according to the following distribution schedules:

## Howard Area Food Pantry

Vesper Street, Beech Creek, PA

Distribution Day: Monday, December 15, 2:00 p.m. – 4:30 p.m.

## Penns Valley Community Action Food Pantry

337 East Aaron Square, Aaronsburg, PA

Distribution Day: Tuesday, December 16, 10:00 a.m. – 2:00 p.m.

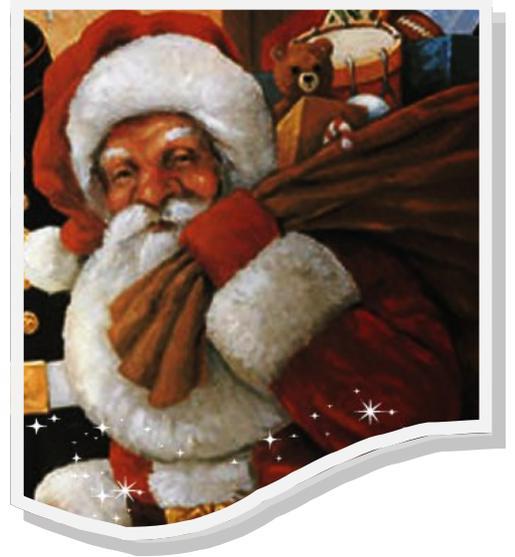
## Bellefonte FaithCentre Food Pantry

131 South Allegheny Street, Bellefonte, PA

Distribution Days: December 17 and 18, 10:00 a.m. – 4:00 p.m.

Wednesday, December 17, A – L (last names beginning with)

Thursday, December 18, M – Z (last names beginning with)



## Snow Shoe / Mountaintop Food Pantry

Snow Shoe United Methodist Church, Moshannon Avenue, Snow Shoe, PA

Distribution Day: Thursday, December 18, 4:00 p.m. – 6:00 p.m.

## Philipsburg Community Action Food Pantry

14 South Front Street, Philipsburg, PA

Distribution Day: Friday, December 19, 9:00 a.m. – 4:00 p.m. (or by appointment)

## Centre Hall / Potter Township Food Pantry

Grace United Methodist Church, 127 South Pennsylvania Avenue, Centre Hall, PA

Distribution Day (toys only): Friday, December 19, 2:00 p.m. – 4:00 p.m.

## Food Bank of the State College Area, Inc.

Distribution at Mountain View Country Club, 110 Elks Club Road, Boalsburg, PA (formerly the Elks Country Club)

Distribution Day: Saturday, December 20, 8:00 a.m. – 12:00 p.m.

## 2014 INCOME ELIGIBILITY GUIDELINES

Household Size	Annual Income	Monthly Income	Weekly Income
1	\$17,505	\$1,459	\$337
2	\$23,595	\$1,967	\$454
3	\$29,685	\$2,474	\$571
4	\$35,775	\$2,982	\$688

For each additional person, add \$4,060 to Annual Income