

Centre Hall & Penns Valley Senior Resource Center Activities

Center Manager Paula Snyder

Centre Hall (Tues.) 364-9511

October 2016

Penns Valley (Mon. Wed. Thurs. Fri.) 349-8188

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:30 Blood Pressure check and talk on <i>Prescription Medications</i></p> <p>12:30 Burkholder's</p> <p>1:00 Card Party</p>	<p>4</p> <p>9:00am Card Party</p> <p>10:30 Blood Pressure check and talk on <i>Prescription Medications</i></p> <p>12:15 Pick-up</p>	<p>5</p> <p>Rummikub</p> <p>Board Game</p> <p>Puzzle</p> <p>Health Clinic 9:30 – 12:30</p>	<p>6</p> <p>Planning Meeting</p> <p>Game of choice</p> <p>Health Trivia</p>	<p>7</p> <p>10:00 – 10:30 Big Lots</p> <p>10:30 – 11:45 Walmart</p> <p>12:00 – 1:00 Dino's Pizza (at the Mall)</p> <p><i>Center Closed</i></p>
<p>10</p> <p><i>Center Closed</i></p> <p>(Van for medical appointments only)</p>	<p>11</p> <p>Rummikub</p> <p>Nutrition Trivia</p>	<p>12</p> <p>10:00 Project SHARE presentation - Amber</p> <p>12:30 Pinochle</p>	<p>13</p> <p>10:00 Bible Study with Reverend Cian</p> <p>Nutrition Trivia</p> <p>Exercise Time</p>	<p>14</p> <p>10:00 – 10:30 Dollar Tree</p> <p>10:30 – 11:45 Walmart</p> <p>11:45 – 12:30 McDonalds</p> <p><i>Centre Closed</i></p>
<p>17</p> <p>Rummikub</p> <p>Music with Louise</p> <p>12:30 Hand and Foot</p>	<p>18</p> <p>9:30 Grace United Methodist Children visit</p> <p>Rummikub</p>	<p>19</p> <p>Stretching with Pitsy</p> <p>Domino Game</p> <p>12:30 Mahjong</p>	<p>20</p> <p>Word game or puzzle</p> <p>Planning Meeting</p> <p>12:30 Burkholder's</p>	<p>21</p> <p>10:15 – 10:45 Goodwill</p> <p>10:45 – 11:45 Walmart (Atherton Street)</p> <p>11:45 – 1:00 Denny's</p> <p><i>Center Closed</i></p>
<p>24</p> <p>RSVP Volunteer Luncheon By Invitation for volunteers Penn Stater Hotel</p> <p><i>Centre Closed</i></p>	<p>25</p> <p>10:00 Medicare open enrollment help</p> <p>Planning Meeting</p>	<p>26</p> <p>Halloween Bingo</p> <p>Exercise Time</p>	<p>27</p> <p>Rummikub</p> <p>Puzzle</p>	<p>28</p> <p>10:00 – 10:30 Dollar Tree</p> <p>10:30 – 11:30 Walmart</p> <p>11:30 – 1:00 Perkins</p> <p><i>Center Closed</i></p>
<p>31</p> <p>Rummikub</p> <p>Learn a new game</p> <p>1:00 Card Party</p>				

Transportation 355-6807

Calendar is Subject to Change Without Notice.