

**Booklets count for 1 hour each. They have a question/answer sheet on the back. The following topics are available:**

- A Personal Approach to Managing Schizophrenia
- Addressing Anxiety Disorders
- Addressing Runaway Behavior
- Adopting Foster Youth is Rewarding, but it isn't easy
- Advice from a Former Foster Youth
- Battling Youth Obesity
- Beating Burnout
- Better Understanding: Self-Injurious Behavior
- Better Understanding Meth: Effects of Drugs a Growing Concern
- Bridging the Gap
- Coping with Obsessive Compulsive Disorder
- Coping with Sexual Abuse Issues
- Culturally Competent Foster Care
- Dealing Effectively with Children with Sexual Behavior
- Delinquency & Gangs Preventing Problems before they start
- Disruptive Disorders: Understanding, Managing ODD and CD
- Drugs You Should Know About
- Extended School Years
- Fetal Alcohol Syndrome: Understanding FAS, FAE in Children
- Finding Common Ground: Work Together; Remember that Foster Care is Temporary
- Fire Setting
- Food Safety
- Foster Youth in School
- Fostering Sexually Abused Children
- Fostering Teenagers: You Can do it!
- Getting Teens Ready for the Real World
- Giving Medications Safely and Effectively
- Grief and Loss
- Helping Foster Youth Transition to Adulthood
- Helping Foster Youth Transition to Independent Living
- How Food can Impact Behavior
- How to Implement the Point System
- How Safe is YOUR Home from Fire?
- Impact of Substance Abuse on Foster Children
- "Leave Me Alone!" Bullying is an Increasing Concern
- Life Skills training Promotes Independence.
- Managing Angry Behavior in Foster Homes
- Marital Advice for Foster Couples
- Medication Management
- Meeting the Educational Needs of Foster Youth
- Meth and Cocaine
- Parental Involvement in School is Crucial
- Parents as Partners
- Preparing Foster Youth to Live on Their Own
- Promoting Cultural and Racial Diversity
- Protecting Yourself From Abuse Allegations

- Protecting Yourself from Allegations of Maltreatment
- Raising Children with Special Needs
- Recognizing & Managing Depression and Bipolar
- Recognizing & Treating Autism
- Recognizing & Treating Eating Disorders
- Redirecting Anger (Dealing with Tantrums, Hitting, & Agression)
- Reinforcing and Rewarding Positive Behavior
- Rescuing Demoralized Foster Parents
- Reunification
- Rewarding versus Bribing
- Schools & Foster Children: Involvement, Understanding, Advocacy = Professionalism
- Signs Your Foster Youth may Have an Eating Disorder
- Stop Bullying NOW
- Stopping the Pain: Better Understanding Self-Harm Behavior
- Teaching Kids the Value of Money
- Teen Substance Abuse: Recognizing Newer, Not Just 'Traditional' Drugs
- Teens & Texting
- Telling Children They're Adopted
- The Dangers of Online Sexual Exploitation
- The Dangers of Social Networking Sites
- The Difficult Teen Years
- The Heroin Epidemic
- The Importance of Coaching and Mentoring
- The Pros & Cons of Kinship Care
- The Role of Professionalism in Foster Care
- The Three S's To Success: Understanding Children with Autism
- The Strains of Fostering on Marriage
- Tools to Prevent Abuse Allegations
- Understanding Post-Adoption Depression
- What to do When Foster Youth Lie and Steal
- What You Need To Know About Bedwetting
- Working Together: Active Parenting in Foster Care and Step-families
- Working With Your Caseworker