



EMPLOYEE BENEFITS TRUST MINUTES

June 9, 2022

I. CALL TO ORDER:

A meeting of the Centre County Employee Benefits Trust was held on June 9, 2022, in Room 146 of the Willowbank Building, Bellefonte, PA 16823. Trustees present were Commissioner Mark Higgins (Chair), Commissioner Michael Pipe, Commissioner Steven Dershem, County Administrator/Chief Clerk John Franek, and Controller Jason Moser. Also, in attendance were Chief Financial Officer Joni MacIntyre, Human Resources Director Kristen Simkins, Employee Benefits Analyst Heather Bruss, Risk Management Coordinator Krista Davis and Auditor/Accountant Travis Walker.

II. PUBLIC COMMENT:

The meeting was called to order at 3:01 p.m. by Commissioner Mark Higgins (Chair).

III. MEETING MINUTES:

- a. A motion was made by Commissioner Michael Pipe to approve the minutes for the April 14, 2022 EBT meeting. Motion seconded Controller Jason Moser and unanimously approved.

IV. NEW BUSINESS:

V. DISCUSSION ITEMS

- a. The meeting was handed over to Risk Management Coordinator Krista Davis to discuss the wellness program plan for 2022. Ms. Davis referred to the handout she provided to everyone in attendance. She discussed that while the step program is always popular, every year the Wellness Committee tries to come up with different programs. This year it is a 6-month wellness program. Employees can earn a \$25 dollar gift card every month, if the months task is completed. This includes May, June, July, August, September, and October challenges. The estimated cost for the program is \$2,500 per month. There will also be blueberry day on June 27 and Catapult Biometric Program onsite 9/20/22 and 9/21/21, with home kit option. Also, being offered are more apple days through autumn months, as it was a big hit last year, four flu shot clinics in October, and a healthy holiday cooking demo in November.

- b. She then went over the Omada/Virta diabetes program that is offered through Capital. This is a very intense program that can help with diabetes reversal. Members must opt into the program; the cost is between \$26-\$212. There would need to be a contract signed. Employees get a personal coach and app that comes with this program. Capital said they would be happy if an estimate of 10 -15 people participated. There are currently 53 employees diagnosed with diabetes in the County.
 - i. *On a motion by Commissioner Dershem, seconded by Controller Moser, the Board voted unanimously to approve county participation in the Omada/Virta diabetes program.*
- c. Ms. Davis discussed the Catapult Program. We offered this program a few years ago with success. The program does require 50 participants in order to be free, it will be \$180 claim costs on the insurance. The EBT board will allow and encourage dependents to participate. Non-insured employees can participate, if they pay the County the cost. There will be home kits available for employees who cannot be onsite. The home kits are not included in the required 50-participation count.
 - i. *On a motion by Controller Moser, seconded by Administrator/Chief Clerk John Franek, the Board voted unanimously to approve the addendum of the county contract for 2022 participation screenings.*
- d. Human Resources Director Kristen Simkins provided the attendees a handout about dental options. The EBT Board asked HR to look at higher benefit package for dental insurance. Ms. Simkins then went onto discuss that it would not be a huge increase in premium cost but would affect the claims. Kathy Cook from Benecon recommended to use the Delta carrier as they were the company with the most in-network dentist in the area. They also have two oral surgeons in the area as well. Ms. Cook also recommended doing a flat dollar amount if the board still wished to proceed with orthodontia as an option. We are still collecting more information on the different kind of plans.

VI. EXECUTIVE SESSION

VII. NEXT MEETING

- a. July

VIII. ADJOURNMENT

- a. Commissioner Steven Dershem adjourned the Employee Benefits Trust Meeting at 3:36 p.m. The motion was seconded by Administrator/Chief Clerk John Franek and unanimously approved.

Submitted By:
Heather Bruss