The County of Centre

PROCLAMATION

NUMBER 34 OF 2016

WHEREAS, in recent years the growing impact of diabetes has echoed throughout the world, affecting everyone from large nations to our local families, friends, and neighbors; and

WHEREAS, diabetes prevalence has been increasing among adults in Centre County since 2005; and

WHEREAS, Centre Moves is dedicated to raising awareness regarding Type 1 and Type 2 diabetes; and

WHEREAS, Centre Moves is a community call-to-action, encouraging all members of our community to get moving and be more active each day, because physical activity gives us energy, helps us stay fit, and fights off health epidemics like obesity and diabetes; and

WHEREAS, the health benefits of physical activity and exercise can do so much to improve the quality of life for everyone; and

WHEREAS, regular physical activity and exercise is indeed a powerful prescription, with great potential to improve the health of all Americans, for both those with and without diabetes; and

NOW, THEREFORE BE IT RESOLVED the Centre County Board of Commissioners does hereby proclaim November as "Diabetes Awareness Month" in Centre County and urges participation by individuals in the community to attend these important events to show their dedication to raising diabetes awareness.

ADOPTED this 1st day of November, 2016.

CENTRE COUNTY BOARD OF COMMISSIONERS

Michael Pipe, Chairman

Mark Higgins

Steven G. Dershem

ATTEST:

Natalie Corman, Deputy Administrator/Human Services